

Low Cost & Free Meals Directory – April 2026



Campbelltown Area - Meals

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Christian Aid	120 Guernsey Ave, Minto 0411 818 243	Centre based meals	Free	Tues 7.30pm – 8.30pm	WS MS
Focus Connect	3 Chamberlain St, Campbelltown 02 4627 1188	Frozen meals	Free	Mon – Fri 9am – 3.30pm	
Haven Church of Christ	65 Woodhouse Drive, Ambarvale (02) 4625 7981	Centre based meals	Free	Tues 11.30am - 12.30pm	MS
Loaves & Fishes Campbelltown Uniting Church	Cnr Allman St & Moore-Oxley Bypass, Campbelltown (02) 4625 0783	Centre based meals Frozen meals	Free	Wed 11am - 12pm	
Macarthur Gateway	12 Browne St, Campbelltown (02) 4628 0008	Centre based meals	Free	Thurs 11.30am - 1pm <i>BBQ open to all</i>	MS FS
Meals on Wheels	29 Oberon Road, Ruse (02) 4647 2073	Home meal delivery	\$3 - \$8.60	Mon-Fri 7.30am - 2pm <i>Call to register</i>	
Nagle Centre St Vincent de Paul Society	22 Iolanthe Street, Campbelltown 02 4628 2928	Centre based meals	Free	Mon 12pm – 1pm BBQ Tues – Wed 12pm – 1 pm meals Fri 12pm 1 pm sandwiches <i>Open to all</i>	
Rev Bill Crews Foundation Campbelltown	Campbelltown Uniting Church, Allman Street (02) 8752 4600	Van meal service	Free	Wed 11.15am – 12.30pm	
Shining Stars Foundation	265 Queen Street, Campbelltown 0416 690 223	Centre based meals	Free	Second Fri of month 5.30pm - 6.30pm	MS FS
Shining Stars Foundation	Claymore Opportunity Hub, 4/9 Gould Road, Claymore 0416 690 223	Centre based meals	Free	Mon 12pm – 1pm	MS FS
South West Multicultural & Community Centre	4 Surrey Street, Minto (02) 9603 2500	Center based meals & Frozen meals	\$10	Tues 12pm – 3pm <i>Call for frozen meal times</i>	WS
Tharawal Aboriginal Corporation: Koori Community Kitchen	187 Riverside Dr, Airds (02) 4624 9430	Centre based meals	Free	Mon 10.30am – 1.30pm <i>Cook and share a meal together. Aboriginal and Torres Strait Islander people and their families</i>	WS
The Meal	Koshigaya Park - Corner of Hurley Street and Camden Road, Campbelltown info@themeal.org.au	Takeaway meals	Free	Tues 6.30pm – 8.30pm	WS MS FS
Vinnies Vans	22 Iolanthe Street, Campbelltown 0478 853 149	Centre based meals	Free	Mon 12pm - 1pm	
Vinnies Vans	12 Browne Street, Campbelltown 0478 853 149	Frozen meals	Free	Thurs 11.30am – 12.30pm	

WS Wellbeing Support
E.g. Counselling, Social Worker

MS Material Support
E.g. Clothing, Blankets

FS Financial Support
E.g. EAPA, Nils, Bills

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Vinnies Vans	9 Gould Road, Claymore 0478 853 149	Frozen meals	Free	Thurs 5pm – 5.30pm	
Vinnies Vans	69 Saywell Road, Macquarie Fields 0478 853 149	Centre based meals Frozen meals	Free	First Tues of the month 12pm – 1pm	
Vinnies Vans	Samaritan House 2 Pritchard Road, Macquarie Fields 0478 853 149	Frozen meals	Free	Every second, third & fourth Tues 5pm-5:30pm	
We are Community	42 Riverside Drive, Airds 0402 775 156	Breakfast Centre based meals	Free	Sat 8am -10am Mon 5pm - 6pm First Sun of the month 4pm - 6pm	
We are Community	42 Riverside Drive, Airds 0402 775 156	Hot meal delivery	Free	Mon - Fri 6pm - 8pm <i>Call to register. Referral from support service needed.</i>	

Campbelltown Area – Community Pantry

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Anglicare Minto Anglican Church	2 Redfern Rd, Minto 1300 111 278	Mobile community pantry	\$15 bag of pantry items	Every second Tues 11am - 12pm	
Anglicare Denham Court Anglican Church	30 Church Rd, Denham Court 1300 111 278	Mobile community pantry	\$15 bag of pantry items	Every second Thurs 10am – 11am	
Haven Church of Christ	65 Woodhouse Drive, Ambarvale (02) 4625 7981	Community pantry	\$20, \$30, \$35 bags	Tues & Thurs 9am - 1pm	
Lomandra Community Project	4/5 Hollylea Road, Leumeah See Facebook page for updates	Community pantry	From \$3	Tues - Fri 9.30am - 2pm <i>Bring bags</i>	
Vinnies Vans	9 Gould Road, Claymore 0478 853 149	Mobile community pantry	Free	Thurs 5pm – 5.30pm	
Vinnies Vans	22 Iolanthe Street, Campbelltown 0478 853 149	Mobile community pantry	Free	Mon 12pm – 1pm	
Vinnies Vans	Samaritan House 2 Pritchard Road, Macquarie Fields 0478 853 149	Mobile community pantry	Free	Every second, third & fourth Tues 5.00pm - 5.30pm	
Vinnies Vans	69 Saywell Road, Macquarie Fields 0478 853 149	Mobile community pantry	Free	Every first Tues 12pm – 1pm	
We are Community	42 Riverside Drive, Airds 0481 100 964	Community pantry	Gold coin donation	Tues, Thurs & Sat 2.30pm – 4.15pm	

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Campbelltown Area - Hampers

Organisation	Location & Phone Number	Services	Cost	Day / Time & Conditions of Use	Additional Support
Adventist Development and Relief Agency (ADRA)	6 Mallee Place, Macquarie Fields (02) 9829 6701	Food parcels	Free \$15 or \$25 for family hamper	Mon - Wed 1pm - 3pm Thurs 1.30pm - 3pm <i>Call for assessment. Bring ID</i>	WS
Ambravale Rosemeadow Community (ARC)	6 Macbeth Way, Ambravale	Food parcels	Free \$2 donation appreciated	Thurs 1pm <i>Hamper collection. Must get ticket onsite before 11am</i>	
Campbelltown City Baptist Church	Cnr Lindesay & Chamberlain Streets, Campbelltown (02) 4628 2844	Food parcels	Free	Tues 9am - 1pm	
Focus Connect	3 Chamberlain St, Campbelltown (02) 4627 1188	Food voucher	Free	Mon - Fri 9am - 3.30pm <i>Phone appointment required</i>	WS FS
Macarthur Gateway	12 Browne St, Campbelltown (02) 4628 0008	Food voucher	Free	Mon - Thurs 9am - 4pm <i>For Aboriginal women with or without children. Appointment required</i>	FS
Nagle Centre St Vincent de Paul Society	22 Iolanthe St, Campbelltown (02) 4628 2928	Food voucher	Free	Mon - Fri 10.30am - 2pm <i>Appointment required</i>	MS
Salvation Army Macquarie Fields	1 Mountain Ash Road, Macquarie Fields 02 9605 4749	Food parcels (non-perishable items)	Free	Mon - Fri 9am - 3pm <i>Walk-in or call for assistance</i>	WS FS
Shining Stars Foundation	52 Riverside Drive, Airds 0416 690 223	Food parcels	Free	Mon - Wed 1pm - 2pm & Fri 12.30pm - 1.30pm for pickup <i>Registration required</i>	MS FS
Shining Stars Foundation	265 Queen Street, Campbelltown 0416 690 223	Food parcels	Free	Second Fri of month 5.30pm - 6.30pm	MS FS
St Vincent de Paul Society Rosemeadow Conference	65 Woodhouse Dr, Ambravale 0473 100 599	Food parcels	Free	Tues & Thurs 9.30am - 12.30pm	MS
Tharawal Aboriginal Corporation: Good Tucker	187 Riverside Dr, Airds (02) 4624 9430	Food parcels (Fruit & Veg)	\$20	Tue afternoon pickup or delivery available <i>Aboriginal and Torres Strait Islander people and their families. Call to register and pay by Mon 3pm</i>	WS
Yibirmarra Foundation/ Yibirmarra Foundation Community Outreach Team	Various collection sites across South Western Sydney 0447 644 349	Food parcels (fresh produce and pantry items)	Free	Mon-Fri <i>Call or book via Facebook page for hamper. Must be able to collect</i> Thurs 12pm - 1pm <i>Emergency hampers available</i>	MS

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