



We acknowledge and pay respect to the traditional custodians of this land, the indigenous elders past and present.

As we foster health and wellbeing, may we also pay respect to the healing knowledge embedded forever within the indigenous custodianship of country.

Bankstown Women's Health Centre is primarily funded by NSW Ministry of Health.



Opening hours

Monday—Friday

9am - 5pm

Closed: 12.30pm-1.15pm

1st Wednesday of each month

Closed 12.30pm—3pm

Wheelchair (lift) access

Children may not attend any services, groups or activities unless stated.

For safety reasons, children must be accompanied at all times and cannot wait alone in the waiting room while you attend an appointment.

www.facebook.com/bankstownwomen

Keep up to date!

Join our email list to receive the latest news about our groups, activities and services.

SWSLHD-BankstownWomensHealthCentre
@health.nsw.gov.au

Services & Activities



a safe space for women

Level 1
24-26 Jacobs Street
Bankstown 2200
Tel: 9790 1378
Fax: 9790 1456

www.bwhc.org.au

www.facebook.com/bankstownwomen

SWSLHD-
bankstownwomenshealthcentre@health.nsw.gov.au



**Our Centre is a safe space for women.
Male relatives and friends are
requested to wait downstairs.**

Our services

**Please call us on 9790 1378 to discuss
our services and activities and to make
an appointment.**

- Information & referral
- Casework for complex issues
- Generalist counselling
- Child sexual assault counselling
- Health promotion
- Dietitian
- Groups, activities & workshops
- Legal Aid outreach clinic
- Female General Practitioner
- Women's Health Doctor
- Psychologist

**All services are free or bulkbilled
through the Medicare Scheme.**

Information & referral

Call or visit our Centre to ask for information about our services and activities. We also provide referrals and information about community services in Bankstown.

Casework

Our caseworker assists with a range of practical issues e.g. housing, AVOs, finances. She works with you to set goals and provides advocacy, referrals and links to other services and information.

Groups & workshops

Our activities run within school terms and are usually free of charge. Registration is essential for most groups.

Generalist counselling

Support with emotional and relationship issues including grief and trauma. Up to 12 free weekly sessions are available for women aged 18 years or over. Women are invited to self-refer to this service (Medicare is not needed).

Child sexual assault counselling

This service is available to boys and girls aged under 18 years and to non-offending family members. Services include counselling, school outreach and advocacy.

Dietitian

Available to support you with a range of diet and nutrition issues including weight management and management of health challenges such as diabetes. You can make your own appointment: Medicare is not needed).

Women's Health Doctor (GP)

Specialising in women's health issues and screening. By appointment only on Tuesday afternoon & early evening.
(Bulkbilled through the Medicare Scheme.)

Psychologist

A psychologist practices from the Centre on Thursdays and Fridays. Referral is via your doctor (GP) who will provide you with a Mental Health Care Plan (MHCP).
(Bulkbilled through the Medicare Scheme.)

Legal Aid DV Clinic

Free and confidential legal advice for women experiencing domestic and family violence. By appointment only: call the Legal Aid DV Unit on 9219 6300.

Health promotion

Health and wellbeing presentations and programs at our Centre and other venues.