




Low Cost and Free Meals Directory

Liverpool Area - Meals



Health
South Western Sydney
Local Health District

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport
<i>CORE Community Services</i> Run by: <i>Exodus Foundation</i>	16 Woodward Cres, Miller 8717 1531	Take away meals	Mon, Wed, Fri 11:30am – 12:30pm	Free	No conditions	Bus routes: 802, 803, 804 
<i>Heaven on Earth</i>	Liverpool Pioneers Memorial Park, 1/51 Macquarie Street, Liverpool 0414 447 883	Centre based meal	Mon 6pm – 7pm	Free	No conditions	Liverpool station 5 min walk 
<i>Meals on Wheels</i>	92 Memorial Ave, Liverpool 9601 3728	Home meal delivery	Mon – Fri	Cost varies between \$2 - \$6	Registration required, contact organisation prior	Delivery 

Disclaimer

Information included in this directory is correct at the time of publishing.
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Key



Walk from station







Bus stop route within 5 mins from location






Home Delivery

Please contact Health Promotion Service for more information at SWSLHD-HealthPromotionUnit@health.nsw.gov.au

Liverpool Area - Hampers

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport	
CORE Community Services Run by: The Movement	16 Woodward Cres, Miller 8717 1531	Food Parcel	Wed 12pm – 2pm	Free	Registration required	Bus routes: 802, 803, 804	
CORE Community Services Run by: Boarderless	16 Woodward Cres, Miller 8717 1531	Food Parcel	Wed 12pm – 2pm	Free	Registration required	Bus routes: 802, 803, 804	
Heckenburg Community Connect	Oliveri Hall, 1 Tantangara Street, Heckenberg 9607 0077	Food Parcel Or Dinner in a Bag	Tues – Thurs 9:30am – 3pm	\$7	Registration required	Bus Route: 827, S10	
Liverpool Womens Resource Centre	23 Sheriff Street, Ashcroft 9607 7536	Food Parcel	Orders by 1pm Thurs and pick-up after 12pm Mon	\$10	No conditions	Bus routes: 804, 805	

Liverpool Area - Community Pantry

iCare Community	6 Speed Street, Liverpool 9119 8727	Bread, fruit & veg	Tues, Thurs 12:30pm – 1:30pm	Free	BYO Bag	Liverpool Station 5 min walk	
Anglicare	60 Moore St, Liverpool 8774 7467	Mobile Pantry	Mon, Wed 10am – 1pm	\$10 bag of pantry items \$2 fresh food	Pension, healthcare or immigration card	Liverpool Station 5 min walk	
Anglicare	St Mark's Anglican Church, 1 Spica St, Sadleir 9607 7547	Mobile Pantry	Wed 10am – 11am	\$10 bag of pantry items \$2 fresh food	Pension, healthcare or immigration card	Bus route: 804	
Food 4 Life	11 Jersey St, Busby 0410 026 052	Community Pantry	Mon 12:30pm – 2:30pm Tues 10am – 12pm	\$15	No conditions	Bus route: 803, 804	