

Learn how to recognise and respond to someone having thoughts of suicide.

FREE 90-MINUTE ONLINE TRAINING

With the right skills you could save a life!

90-MINUTE COURSE

Training features:

- An evidence-based practical four-step model to keep someone safe from suicide
- Interactive simulations and scenarios to practice your skills
- Customised content depending on learner location and needs
- Lifetime access to resources and refresher training
- Proven to increase confidence in talking to someone about suicide and connecting them to care.

HOW TO REGISTER:



Free for

anyone who lives or works in the South Western Sydney region.



Email your details

send your name, email address and organisation (if applicable) to:
roumiehr@lifelinemacathur.org.au



Plan your training day

you'll receive an email inviting you to log in to LivingWorks. You have two months to complete the free course.