RTRP Treatment Program for PTSD

RTRP
REFUGEE TRAUMA & RECOVERY PROGRAM

Free Online Counselling for Arabic-speaking Refugees

The Refugee Trauma and Recovery Program (RTRP) is offering an evidence-based and culturally sensitive treatment program to help refugees or asylum-seekers with an Arabic-speaking background overcome symptoms related to traumatic events. All services are free and confidential.

All sessions will be conducted online via a computer, tablet or smartphone, providing a COVID-19 Safe environment.

Phone: (02) 9385 0006
Email: refugee@unsw.edu.au
Website: http://www.rtrp-research.com/therapy

WHAT IS INVOLVED IN THIS PROGRAM?

- We will speak to clients by phone to determine if they will benefit from this treatment program.
- Clients attend online interview sessions before and after the treatment program, so that we can track their progress over time.
- The treatment will involve 13 weekly online appointments with a qualified psychologist. Each counselling session will take 90 minutes, and an Arabic-speaking interpreter will be present.
- The treatment program is free and confidential and focuses on overcoming the effects of past traumatic events and coping with current stressors.

HOW TO MAKE A REFERRAL

- Visit our website http://www.rtrp-research.com/therapy
- Click the 'Make a Referral' button
- Obtain your clients permission then complete a brief referral form
- We will then be able to contact them by telephone, with an interpreter if needed, to provide them with more information about this free, confidential treatment.

For any queries please contact us on: Phone: (02) 9385 0006
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