COMMUNITY SUPPORT HELPFUL PHONE NUMBERS

Interpreting Support

Telephone Interpreting Service: **131 450**

Emergency

NSW Ambulance Service, Fire Brigade and Police: 000. 24 hours Dial 112 from mobile phones

Local Police Stations

Bankstown Police Station	**9783 2199**	24 hours
Burwood Police Station	**9745 8499**	24 hours
Campsie Police Station	**9784 9399**	24 hours
Revesby Police Station	**8724 6099**	24 hours
Ashfield Police Station	**9797 4099**	24 hours

Emergency Support – Food and Resources

Service NSW	**13 77 88**	24 hours / 7 days Access to support COVID -19 support https://disasterassistance.service.nsw.gov.au/covid
National Coronavirus Helpline	**1800 020 080**	Telephone information on coronavirus (COVID-19)
Salvos	**13 72 58**	Mon - Fri 9am -5pm
Uniting	**1800 864 846**	Mon – Fri 9am -5pm Closed 22.12.21 – 4.1.21

Counselling and support

Sydney Women's Counselling Centre: 9718-1955 Mon – Fri 9am-5pm

Lifeline Australia: **13 11 14**. 24 hours telephone crisis support/suicide prevention

Beyond Blue: **1300 224 636**. 24/ Support Line and Chat Line Available

Suicide Callback Service: **1300 659 467**

Parent line NSW: **1300 130 052**. Free counselling and support service for parents and carers with children at home

Mens Line: **1300 789 978**. 24/7 counselling support for men

COMMUNITY SUPPORT HELPFUL PHONE NUMBERS

Kids helpline:	**1800 551 800.** Children and young people support
Child Protection Helpline	**132 111** 24 hours
Headspace Bankstown:	**9393 9669** Online telephone Counselling for young people
QLife Australia:	**1800 184 527** (LGBTI peer support daily 3pm–Midnight)
Justice Advocacy Service:	**1300 665 908**. 24/7 support line and provides legal advice
NSW Rape Crisis Centre	**1800 424 017** 24 hours
Alcohol and Drug Information Service	**9361 8000** 24 hours
Drug Health Services Intake Line	**1300 031 131** Mon -Fri (8:30am - 4:30pm) excl PH

Medical Emergency

Bankstown-Lidcombe Hospital	**9722 8000** 24 hours
Canterbury Hospital	**9787 0000** 24 hours
Dental Emergency Info. Service	**9369 7050** After hours
Poisons Information Centre	**131 126** 24 hours

Domestic Violence

Bankstown Womens Health Centre:	**9790 1378** Domestic violence counselling Closed 27.12.21 – 7.01.22
Women's Domestic Violence Court Advocacy	**9601 6988** Bankstown Mon-Fri 9am -5pm (excl PH)
	9739 6243 Burwood Mon-Fri 9am -5pm (excl PH)
1800RESPECT:	**1800 737 732**. National sexual assault, domestic family violence counselling service
Domestic Violence Helpline NSW:	**1800 656 463**
South West Sydney Legal Centre:	**9601 7777**

Mental Health Crisis Support

For support in a crisis please call the

NSW Mental Health Line	**1800 011 511** (available 24 hour)

COMMUNITY SUPPORT HELPFUL PHONE NUMBERS

***IN AN EMERGENCY CALL* 000**.

Homelessness

Link2home:	**1800 152 152**. 24-hour referral to accommodation and services.
Missionbeat:	**1800 306 461**. Homelessness outreach, welfare checks and services assisting people who are sleeping rough.

Aging and Disability

Ageing and Disability Commission
and the NSW Ageing and Disability Abuse Helpline: **1800 628 221** (Monday to Friday, 9am-5pm)

My Aged Care:	**1800 200 422**
Carer Gateways:	**1800 422 727**
Disability Gateway:	**1800 643 787**