

It's time  
to talk.

# What is a healthy relationship?

**Free workshop for 18–25 yrs**  
(either in person or online)

## Online:

Session 1: 22nd Feb  
Session 1: 1st March  
5:30–7:30pm

## In person:

Coming in April!  
Expressions of interest  
welcome via phone  
or email



How can you make  
relationships better  
and healthier?



What are the signs  
of an unhealthy  
relationship?



Why does  
this matter?



A welcoming and inclusive event,  
registrations essential at the link below:

[swsrecoverycollege.com.au/learn-2/enrolment-form/](https://swsrecoverycollege.com.au/learn-2/enrolment-form/)



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## Partnership Project

