

SCHOOL HOLIDAY PROGRAMS JULY 2022

DRUMBEAT

9 - 14 AGE GROUP

Drumbeat is a therapeutic music group that opens up communication, self-expression, improves self-regulation, reduces anxiety and builds healthy relationships whilst also being a very enjoyable drumming class.

- Creating Links - Level 2, 58 Kitchener Pde Bankstown
- Wednesday 13.7.22
- Thursday 14.7.22
- 2:00pm - 3:30pm
- No childcare available
- Contact: Edgee - 1300 254 657

BUDDIES & ME

Children Aged 8 - 11 Years

Buddies & Me is an exciting group for children to be able to explore emotions by stopping, spotting and solving challenges using tools while also making new friends.

- Creating Links - Level 2, 58 Kitchener Pde, Bankstown
- Tuesday 5.7.22
- Thursday 7.7.22
- 10:30am - 11:30am
- No childcare available
- Contact: Jasmin or Amanda N - 1300 254 657

KEEPING CHILDREN SAFE

Keeping Children Safe is a six-day parent education program designed to promote the care and protection of children and young people.

The course aims to empower parents and caregivers by increasing their knowledge and understanding of issues involved in the abuse and neglect of children.

The course is an information and awareness group designed to help parents understand how abuse and neglect affects children and what they can do to prevent it.

- Online - ZOOM
- Monday 4.7.22 - Monday 11.7.22
- 5:00pm - 6:30pm
- No childcare available
- Contact: Julious - 1300 254 657