

# APRIL SCHOOL HOLIDAY FUN



## Circle of Security

The Circle of Security program is an internationally recognised, relationship based program designed to enhance attachment security between parents and their children, and to increase children's confidence and self-esteem.

Parents will learn how to understand their child's emotional needs, support their child's ability to successfully manage emotions and learn how to make your child feel secure.

- Online (ZOOM)
- 17, 18, 19, 20, 21 April 2023
- No Childcare Available
- 10:00AM - 12:00PM
- Julious: 1300 254 657

## Mighty Mindful Kids

Come with us on a fun and crafty journey to create your safe place.

This group is tailored for children 8-10 years to create a box full of items that is unique to them through engaging with their 5 senses and imagination. The items will be used as a calming tool and help overcome times of distress.

- Creating Links (Level 10, 66-72 Rickard Rd Bankstown)
- Tuesday 18 April 2023
- 10AM - 12:30PM
- Amanda N or Jasmin N: 1300 254 657
- No Childcare Available

## Sensory Holiday Play - PCMG

Children will have the opportunity to explore, engage and enjoy sensory play experiences while being confident kinesthetic and tactile learners. Children will foster their developmental domains, enhance their skills and knowledge of their world around them whilst gaining a sense of belonging and identity.

- Bankstown Arts Centre
- Thursday 13 April 2023 (0-5YRS)
- 10AM - 11:30AM
- Thursday 20 April 2023 (0-5YRS)
- No Childcare Available
- Vera: 1300 254 657

## 1-2-3 Magic & Emotion Coaching

The 1-2-3 Magic & Emotion Coaching program aims to help parents and carers manage difficult behaviour in children aged 2-12 years. Parents will learn how to get children to stop any unwanted behaviour and how to encourage good behaviour.

- Online (ZOOM)
- Monday 10 and 17 April 2023
- 10.00AM - 1.00PM
- Cassandra: 1300 254 657
- No Childcare Available

## Kite Making Workshop

Join us for this fun and exciting workshop where you design and build your very own kite. This activity is a great way to develop creativity, resilience and family bonding. For children aged 5 - 12 years.

- Creating Links (Level 10, 66-72 Rickard Rd Bankstown)
- Wednesday 19 April 2023
- 11.00AM - 1.00PM
- Edgee: 1300 254 657
- No Childcare Available