



FREE
ONLINE (ZOOM)
EVENT

POSITIVE MENTAL HEALTH, POSITIVE AGEING

Putting research findings
into daily practice

Wednesday, 28 October 2020 | 10 to 11:30 am

Opening address by Michael Still

Chairman, South Eastern Sydney Local Health District

Guest Speaker: The Hon Dr Kay Patterson AO

Age Discrimination Commissioner, Australian Human Rights Commission

A century in the making: A 100-year life

Professor Maria Fiatarone Singh: Geriatrician

Positive Ageing through exercise

Professor Carmelle Peisah: Old Age Psychiatrist

Positive Ageing: being positive about your rights

Professor Henry Brodaty AO: Old Age Psychiatrist

Positive Ageing: mental health of older people

Gwen Korebrits: CEO & Co-founder, Dance Health Alliance

Join in the dance for healthy ageing



Featuring the
award winning performer

Toni Lamond

Positive Ageing: My Story



Booking Essential

Eventbrite RSVP : <https://opmhs.eventbrite.com.au>

Phone: 9382 3759

Email: ACPforum@health.nsw.gov.au