



SkillME™

Thursday 11th
March 2021
9.30am – 2.30pm

Playful Communication Workshop!

FREE DRAMA THERAPY WORKSHOP FOR WOMEN

Build your confidence to secure that dream job
Increase your communication skills
Discover your own unique strengths

The Playful Minds Playful Communication program uses dramatherapy and creative activities to help build social and communication skills and positive connections. Through creative activities, drama games, movement, art making and improvisation we will explore ourselves, our relationships and how we communicate to others from a playful perspective.

You will have an opportunity to:

- Develop social skills
- Communicate more effectively
- Express yourself
- Build self-esteem and self-worth
- Have a lot of fun!

*Please note that the workshop is for women only and will be conducted in English.

This workshop is funded by the NSW ClubGRANTS scheme. It is a shared State Government-Club Industry program, funded by a 2.25% gaming machine tax rebate provided by the State Government to those registered clubs with gaming machine profits in excess of \$1million per annum.

VENUE

Activity Room 1,
Ashfield Civic Centre,
260 Liverpool Road, Ashfield

REGISTRATION

Contact Marjorie
(02) 9789 3744 or 0423 081 951
skillmeproject@metroassist.org.au

No prior drama or creative experience needed, just a willingness to learn!

Open to female migrants and refugees who have limited Australian work experience.

Light refreshments will be provided, RSVP is essential.

playful
minds



metro assist

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