



PARENTING THROUGH TRAUMA


An Online Workshop for Carers of Children 12 and Under

Date Wednesday 31st July 2024
Time 9.30am – 1pm

An introductory workshop to carers about the impact of trauma on children including:

- Developmental trauma
- Developing healthy attachment with children
- Skills to responding to emotional dysregulation
- Self-care for carers

Referral Closure Date: 24th July 2024

 9794 0920

 SWSLHD-CPCS@health.nsw.gov.au

