

# HOW TO IMPROVE YOUR CHILD'S SELF-ESTEEM

**FREE** Workshop for Parents with Children Aged 0 - 12



How a child view themselves will have an impact on their adulthood.

- ❖ Come and learn positive communication techniques you can do with your child.
- ❖ How to help your child to boost their confidence.
- ❖ How to help your child to persevere and have strength to get back on their feet.

**ONLINE WORKSHOP.**

**REGISTRATION IS ESSENTIAL**

**DATE: 18 NOV, 25 NOV &**

**2 DEC, 2020**

**DAY: WEDNESDAY**

**TIME: 10 AM – 11 AM**



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