



Drumbeat

Drumbeat is a therapeutic music group that opens up communication, improves self regulation, reduces anxiety, and creates fun.

Interested in exploring new activities? If you are between 9 and 14 years of age, why not try our 5 week Drumbeat for Youth! It's fun and proactive way to build resilience

Date: 11/5/21 - 8/6/21

Time: 4:00pm - 5:30pm

Cost: Free

Contact: Edgee - 1300 254 657 or
edivaldor@creatinglinks.org.au

Venue: Creating Links Level 2- 58 Kitchener Pde, Bankstown

Bookings are essential as places are limited.

Child minding is not available



DRUMBEAT

BUILDING RESILIENCE THROUGH RHYTHM