

FRIDAY

PARENT CHILD MOTHER GOOSE

This program promotes parent-child relationships through singing and story telling and affectionate physical touch.

- Yagoona Community Centre - 176 Cooper Rd, Yagoona
- 30/7/21 - 17/9/21
- 10:00am - 11:30am
- No childcare available
- Contact: Wafa or Hazel - 1300 254 657

RAISING MODERN TEENS

Raising Modern Teens has been designed for parents with teens aged 12-17 years who want to learn about modern day issues their teens may face on a daily basis as well as meeting like minded parents.

- 24/26 Jacobs Street Bankstown
- 6/8/21 - 27/8/21
- 10:30am - 12:30pm
- No childcare available
- Contact: Jasmin N or Kaylah - 1300 254 657

NEW GROUP!

Are you a family living in Bankstown and the surrounding suburbs?

Do you need assistance finding services, understanding forms or would you like us to provide you with parenting support through a range of proven techniques and programs?

Call us today and speak to one of our friendly Client Service Officers to learn more about how we can support you support your family

Due to the current Covid-19 outbreak in Sydney, please ensure you call your Client Service Officer to confirm if the program has been moved to online and if childcare is available



Communities & Justice

Bankstown Communities for Children Facilitating Partner is funded by the Australian Government and facilitated in Bankstown by The Smith Family

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**TARGETED
EARLIER
INTERVENTION**

Term 3 Calendar - 2021



MONDAY

TUNING INTO KIDS

This program focuses on the emotional connection between parents and children, helping parents to recognise, understand and respond to children's emotions.

- Creating Links - L2, 58 Kitchener Pde Bankstown
- 19/7/21 - 16/8/21
- 10:30am - 12:30pm
- Childcare available
- Contact: Alyssa K - 1300 254 657

VIETNAMESE CHILD-PARENT SUPPORT CLUB

This support club is designed to assist Vietnamese parents with young children make new friendships, have fun with your children and learn new ways to support your child's development and learning.

- Creating Links - L2, 58 Kitchener Pde Bankstown
- 16/8/21 - 13/9/21
- 9:30am - 11:30am
- NO childcare available
- **Contact: Lan 1300 254 657**

TUESDAY

DISCOVERY OF PLAY

This program is designed for parents /carers with children aged 2-5. You will engage in activities to support language development, increase attachment and build skills in preparation for school.

- Creating Links - L2, 58 Kitchener Pde Bankstown
- 27/7/21 - 10/8/21
- 10:00am - 11:30am
- No childcare available
- Limited spots available
- Contact: Angela - 1300 254 657

NO SCAREDY CATS

This evidenced based parenting program is designed to focus on increasing awareness and implement strategies to assist and support children aged 2-12 who may experience signs of anxiety.

- Creating Links - L2, 58 Kitchener Pde Bankstown
- 17/8/21 - 7/9/21
- 10:00am - 11:30am
- No childcare available
- Contact: Angela - 1300 254 657

WEDNESDAY

HOLISTIC WELLBEING FOR PARENTS

This program has been designed for parents to learn new techniques on how to effectively parent by looking after your own wellbeing

- Georges Hall Public School - 18 Pennington Ave Georges Hall
- 4/8/21 - 18/8/21
- 10:00am - 12:00pm
- Childcare available
- Contact: Angela - 1300 254 657 / Connie - 9707 1988

HEALTHY RELATIONSHIPS

A four week program in conversational Arabic (women only) looking at and understanding healthy relationships and your rights in Australia.

- Creating Links - L2, 58 Kitchener Pde Bankstown
- 18/8/21 - 8/9/21
- 10:30am - 12:00pm
- No childcare available
- Contact: Amanda C - 1300 254 657



THURSDAY

DRUMBEAT FOR PARENTS

Drumbeat is a therapeutic music group for social and emotional learning opportunities that enables real change. It is a highly effective, evidence-based program which helps participants to reduce stress, build self-esteem and improve communication and relationships with teens.

- Creating Links - L2, 58 Kitchener Pde Bankstown
- 12/8/21 - 9/9/21
- 11:00am - 12:30pm
- No childcare available
- Contact: Edgee - 1300 254 657

PARENT CHILD MOTHER GOOSE

This program promotes parent-child relationships through singing and story telling and affectionate physical touch.

- Bankstown Library Community Room - BLACK: 80 Rickard Rd, Bankstown
- 28/7/21 - 16/9/21
- 10:00am - 11:30am
- No childcare available
- Contact: Wafa or Amanda N - 1300 254 657

CIRCLE OF SECURITY PARENTING

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

- Georges Hall Public School - 18 Pennington Ave
- 19/8/21 - 16/9/21
- 10:00am - 12:00pm
- Childcare available
- Contact: Julious 1300 254 657