



Acting classes for young refugee-background women

A project to learn about how beginners acting classes may impact wellbeing

Are you interested in:

- Trying beginners acting classes with a small group of women?
- Learning something new, and meeting new people?
- Participating in research?

Do you:

- Have a forced migrant or refugee background?
- Live in Greater Western Sydney?
- Have a good command of English?
- Identify as a woman?
- Are you over the age of 18?

If you answered “yes” to these questions, you may be eligible to be part of this research study.

My name is Ruth Horsfall and I am a researcher at UNSW Sydney. My study explores the experiences of young refugee-background women taking part in a 10-week program of beginner acting classes, to see how these classes might impact wellbeing. The 10 weeks of classes will run for two hours each week in School Term 3 – **12.30 to 2.30pm Tuesday, from July 13 to September 14 at Bankstown Arts Centre**. Classes will be run by an experienced female acting teacher.

As part of this study, I will talk with you before the classes start to discuss the program and your background, and then again after it finishes, to learn about your experiences. I will be taking part in the classes to make observations on the class, and we will also have a group talk each week to debrief and talk about the classes. Talking about your experience of taking the classes will help me understand how these classes impact wellbeing. It will also help assess whether this type of program is worthwhile and can be developed for future use.

There are minimal personal risks in this study - we are aiming for the classes to be fun and an enjoyable way to try something new. The classes are free, and to help cover any transport costs, you will receive a \$50 Coles/Myer gift card.

If you are interested in participating in this study, or would like more information, please contact Ruth Horsfall (researcher and PhD candidate) on 0431 815 984 or at r.horsfall@unsw.edu.au

If you have questions about the research and would like to speak to the Chief Investigator, please contact Associate Professor Caroline Lenette, on (02) 9385 0687 or c.lenette@unsw.edu.au