## Back on Track with 123 Magic - Online Program Strategies for better family functioning post Covid-19

Due to sudden Covid-19 lockdown, a lot of the families are experiencing stress and pressure which unfortunately impacts household relationships. Get your family back on track with 123 Magic!

Together we'll cover a range of topics and skill sets like family bonding and attachment, childdevelopment, emotional attunement, and how to manage difficult behaviours at home.

123 Magic provides a comprehensive and holistic approach to parenting and family functioning that will help you and your family survive and thrive during this challenging time.

This parenting program is supported by Canterbury Child and Family Interagency Wednesdays 10/11/21 17/11/21 24/11/21 1pm - 3pm

> ONLINE via Teams

## To register please email or call:

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